

Newsletter—October 2016

Hello Families,

We hope you are enjoying the beautiful Fall weather!

A few notes/reminders:

If you haven't already done so, please check out the parent access section of our **website** for all monthly newsletters, uploaded pictures, permission forms, etc. The password is "parent". We ask that you kindly do not remove pictures anymore from our display boards but instead access photos of your children from our website.

As a reminder, our **2016-2017 fee schedule** has been in effect as of September 5th, and we are now accepting payment every two weeks (instead of weekly) by check, cash, or EMT. We would appreciate if all parents followed this schedule.

For our school-aged children, Friday October 7th is a PA day across all boards. Please let us know if your child will be attending for the full day.

Updates:

We will be testing new recipes for our Fall/Winter menu in October. Centre favourites will remain (don't worry – the Moussaka isn't going anywhere ☺), but we will be incorporating seasonal produce and heartier meals. We will post the Fall/Winter menu on our website after it has been finalized.

123 Kids Yoga will be coming in to do a special Yoga workshop with all three rooms the afternoon of Thursday October 13th. The children will be introduced to and experience the fun and benefits of yoga and mindfulness. The yoga teachers will show the children how to do different stretches, poses, and breathing exercises. While there are obvious physical benefits to children practicing yoga – improving flexibility, strength and

coordination - yoga is also increasingly used as a relaxation technique to help kids combat the stresses of everyday life. We hope the children enjoy it!

Hallowe'en is right around the corner, and we are excited to have fun Hallowe'en events planned for the children on Monday October 31st before the children go trick or treating that night. Each room will be having their own Hallowe'en party with special crafts, songs, and treats. Your child is encouraged to wear or bring their Hallowe'en costume to the Centre on the 31st. The children will go on a special Hallowe'en parade at 4:30pm. Parents are welcome to watch the children as they parade around the Centre, showing off their costumes to all.

Please don't hesitate to approach us if you have any questions, comments or concerns.

Best regards,
Lily and Anthony

Parent Reminder: *The centre will be closed on Monday October 10th for Thanksgiving and will reopen on Tuesday October 11th at 7am.*



HAPPY BIRTHDAY TO:

Zachary B – October 4
Jishnu K – October 14
Sebastian Z – October 16
Elisabetta M – October 23
Celeste T – October 28
Anna R – October 30

Please remember that celebration treats must be labelled Peanut/Nut Free to be served at the Centre. We recommend School Safe cupcakes or Chapman's Original Ice Cream found at most grocery stores. Please check with us first if you are uncertain about your treats. Thank you for your cooperation in keeping our Centre safe for everyone ☺.

October 3-7: Thanksgiving

This week's theme is Thanksgiving. The children will develop an understanding of the food of Thanksgiving, as well as become aware of the many people and things for which we are thankful. For creative arts, we will be making a hand print turkey, a thanksgiving feast, and a popcorn collage. Our dramatic centre will be decorated as a "Thanksgiving Dinner".

Song: If You're Thankful

(Tune: If You're Happy and You Know It)

If you're thankful and you know it clap your hands.
If you're thankful and you know it clap your hands.
If you're thankful and you know it and your face
will surely show it, if you're thankful and you know
it clap your hands!

October 10-14: Colours and Shapes

Our world consists of an abundance of colours and shapes. We are going to examine different colours and shapes, and the children will learn to classify objects according to these properties. For creative arts, we will create a sponge painting using different shapes, a shape mobile, and a shape and colour book. We will turn our dramatic centre into a "Shape and Colour Store".

Song: Do You Know What Shape

(Tune: Muffin Man)

Do you know what shape that is?
What shape that is, what shape that is
Do you know what shape that is?
in my hand

October 17-21: Harvest

This week we will be focusing on the theme of harvest. The children will be learning about autumn and we will celebrate the harvest time. Throughout this week, the children will love pretending they are farmers as they learn about different fruits and vegetables, in particular gourds, squash, pumpkins, and other Fall produce. For creative arts, we will be making corn on the cob using cheerios, a fruit basket, and a scarecrow using straws. Our dramatic centre will be a "Fruit Stand".

Song: Harvest Time

(Tune: Are you sleeping)

Harvest time, harvest time
At the farm, at the farm
Fruits and vegetables, fruits and vegetables
Harvest time, harvest time

October 24-28: Halloween

This month of October has a special celebration for children – Halloween. Through this week, the children will learn about the colours and symbols that represent Halloween such as orange pumpkins, black cats, bats and witches. For creative arts, we will make paper plate masks, paint jack-o-lanterns and create pumpkin seed pictures. As a group activity, the children will have an opportunity to carve pumpkins, and have a special costume party and parade on the 31st. Our dramatic centre will turn into a "Haunted House".

Song: Have You Made a Jack-O-Lantern

(Tune: Muffin man)

Have you made a jack-o-lantern
A jack-o-lantern, a jack-o-lantern
Have you made a jack-o-lantern
For Halloween night?

October 31- November 4: Sky

During this week's theme, the children will learn about the sky and examine what the sky looks like at different times. The children will observe different objects in the sky and discuss the purpose of the moon, stars, sun, clouds, and rainbows. For creative arts, the children will be making rainbows in the sky using different coloured tissue paper, moon crafts, and will paint paper plates to create a sky with moon and stars. Our dramatic centre will be a "Space Station".

Song: The Sun is in the Sky

(Tune: The farmer in the dell)

The sun is in the sky, the sun is in the sky
hot and bright, it gives us light
The sun is in the sky.
The moon is in the sky, the moon is in the sky
Around and round the earth it goes
The moon is in the sky.